

Freezer Paper Stencils

What you need:

Freezer paper

Masking tape

X-acto knife (in good condition—blade should not be dull)

Fabric (t-shirt or other cotton)

Fabric paint

Paint brush or sponge

Iron & ironing board



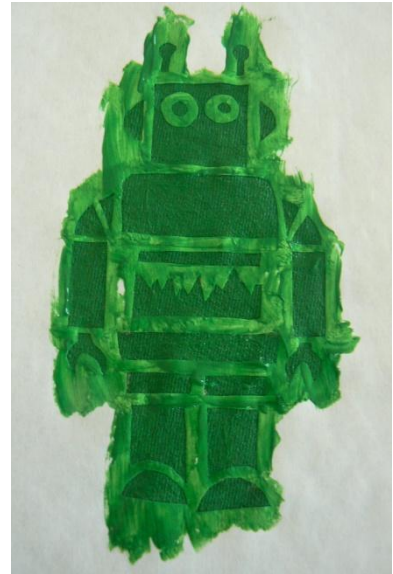
Step one: Download and print an image you wish to stencil. (Print the image at the size that you would like your stencil to be.) Using masking tape, tape the freezer paper (shiny side down) onto a cutting board and tape your image on top of it. If you'd rather draw an image, then draw directly onto the dull side of the freezer paper.

Step two: Cut out the stencil with a good, sharp X-acto knife. Remember that the parts you cut away will become the parts that are colored in with fabric paint. Decide how you want your image to appear before you begin cutting the stencil. Cutting is the most tedious part of the project, so take your time, make some tea and listen to the radio while you go!

Step three: Lay the shiny side of the freezer paper stencil down on your fabric. Iron the stencil down.



Step four: Paint or dab in fabric paint. Periodically hold up fabric to a window or light to make sure you haven't missed any spots.



Step five: When the paint dries, peel off the freezer paper. Voila! Make sure to heat-set the fabric paint by running the iron over the dried paint. If you forget this important step, you may experience an unhappy laundry disaster.

